

Issue 10: 23rd June 2017

Calendar

June

23 Presentation Ball

26&28 Year 10-12
Vaccinations

27 VCE Subject Fair

27 Yr 7/8 O&M Sport

28 Yr 9/10 OE Indoor
Rock Climbing

29 O&M Sport

30 Term 2 Ends 2.30pm
Finish

July

17 Term 3 resumes

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A few words from the Principal

.....Zlatko Pear

Free Meningococcal Vaccine

In 2017 the Victorian Secondary School Vaccine Program will offer free meningococcal ACWY vaccine to all students in Years 10, 11 and 12. The vaccine provides protection against four strains of meningococcal disease (ACWY) and is administered as a single dose.

Students from Myrtleford P-12 College will be administered this vaccine next week. On Monday 26th June, VCAL students will receive theirs. This day will also incorporate any Year 10 student that is attending the Outdoor Education excursion on Wednesday 28th June. The remaining students in Years 10, 11 and 12 will receive their vaccination on Wednesday 28th June. Students must ensure that they have returned their consent cards.

End of semester reports

Semester One reports have been completed. Prep to Year 6 reports will be sent home next week. Students in Years 7 to 12 will have their reports available on Compass. Parents will receive an email notifying them that reports are available. If you would prefer a hardcopy of the report you will need to contact the front office to request a report to be sent home. These reports are based on information collected from multiple sources throughout the first half of the year. The midyear report is an important indicator of how your child has progressed in their learning. Parents will be able to get a sense of whether their child is maximising their learning opportunities and what their child's strengths and areas for improvement are. An important role that parents can play in this process is to discuss with your child their goals for the second semester.

Cross Country Championships

Congratulations to Liam Macgowan who represented Myrtleford P12 College at the Hume Cross Country on Thursday 21st June at Winton Motor Raceway. Liam beat 58 other competitors to finish 2nd in the 12/13 age group. The race was run over 3000m and he was only 40 metres behind the eventual winner. Liam will now represent the College and the Hume Region at the State Championships in Bundoora on the 20th July. I am told that the hilly course will suit Liam and with a good preparation and a full warm up he will perform well. Well done and good luck Liam!



End of Term

A reminder that next Friday 30th June is the last day of Term two. Classes will finish at 2:30pm on that day. School resumes for Term 3 on Monday 17th July.

COLLEGE ANOUNCEMENTS



DO YOU HAVE RHYTHM? Ever wanted to learn the drums?
ARE YOU A PARENT?- A drummer in the house? **NO WAY!** You might say.
BUT.....

If the student quietly works out all their patterns and beats on a rubber practice pad (which is a cheap and important accessory), when they take the patterns to the drums, they immediately sound good.
Judicious choice of practice times on the drums helps too.

THERE ARE VACANCIES FOR SCHOOL-SUBSIDISED DRUM LESSONS

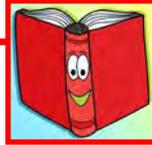
These lessons are on Wednesday mornings for all year levels, with rotating time slots.

The price for students is an amazing \$25/ Term!

A drum kit is not an immediate requirement but would normally become necessary after about six months. Assistance and advice regarding this is available to locate a good second hand instrument.

Prospective participants need to be genuinely interested and prepared to do the work!

Contact Lorne Campbell A.H: 57273569
Mobile: 0427 161240



ELF Program needs your help!

Our book stocks are low and we would love to get some donations of second hand books suitable for pre-readers to approximately 5 years old. Books are used to stock the ELF Boxes found around town, where families can swap books to take home and read.

Six students currently work with me to maintain this great program, and all involved greatly benefit from it.

Donated books can be left at the P-12 College school office or in the Red ELF boxes at various businesses in the town.

Thanks for your support,
Dee van Roevan
ELF Co-Ordinator



SCHOOL CANTEEN NEWS.

Term 3 Roster will be included in next week's newsletter
.....*Trish Chisholm* (Canteen Manager).

! WANTED !

EMPTY AND CLEANED SQUEEZEY SAUCE BOTTLES WANTED FOR THE ART ROOM. SMALLER SIZES ARE BETTER BUT WE WILL ACCEPT THEM ALL!



PRIMARY O&M CROSS COUNTRY

On Thursday 8th June, a group of 22 primary students attended the O&M Region Cross Country Championships at the Barr Reserve in Wangaratta. There was a huge turnout from the local schools, with all categories having well over 100 runners compete. Myrtleford P12 had three students finish within the top 15, which qualified them for the next round of competition at Winton Raceway. Congratulations to Ethan Edwards (Yr5), Evie Hughes (Yr6) and Tayla Bisinella (Yr6).



COLLEGE ANOUNCEMENTS

Story time

Little brothers and sisters, you're invited to a special story time at big school! We believe that reading is powerful in helping little people learn and grow. So much so, that every Thursday morning from 8:45-9:00am during Term 3, we will have a special story time and book swap for little brothers and sisters. Mum and Dad are welcome, but no big school kids allowed at our special time! So come along to Mrs Lindsay's classroom each Thursday morning and join in the fun! Hope to see you there!!



**Thursday mornings
8.45-9am
in Mrs Lindsay's
class**



Congratulations to Emilie Rixon-Savage who has recently completed her Certificate III in Horse Breeding. Well Done Emilie!

SPEECH IN THE NEW LIBRARY



Jed, Deegan, Zeke, Blake and Trish have been enjoying speech in the new library space.

PARENTS CLUB NEWS

FREE HOT CHOCOLATE & COOKIE DAY

To celebrate the final day of Term 2, Parents Club is organising a giveaway of hot chocolate and a cookie for all students and staff. Reduce waste by remembering to BYO cup!

BOOK CLUB

Thank you to Belinda Ramia for taking on organisation of our Scholastic Book Club. Orders from the recent catalogue will be delivered early Term 3.*Claire Stock*

NEXT MEETING: 9am 7 August in the Prince Street Staffroom. All welcome!



**MMM... HOT CHOCOLATE
MMM... COOKIE
MMM... FREE FOR STUDENTS AND STAFF!
FRIDAY 30 JUNE 2017**

MORNING RECESS BY THE CANTEEN

GLUTEN & DAIRY FREE AVAILABLE

ANOTHER FUN, FREE EVENT BY MP12C PARENTS' CLUB

WAR ON WASTE = BYO CUP

We have been looking at Poetry in our Literacy for the past couple of weeks. We have learnt about all the different types of Poetry and how they convey different meanings. We wrote our own Acrostic poems using our names. It was fun trying to think of words to use to describe ourselves. We also studied 'Odes'. We discovered that an ode is a lyric poem usually about a person or a thing. We decided to write an 'ode' to our favourite foods. We typed up our odes on the laptops and we collated them all together. We have made a book called "Ode to our favourite food" which is a welcome addition to our class library.

Ode to Ferreo Rochers

Oh ferreo Rochers
 You are chocolate and crunchy
 You are peanut butter and nuts
 You taste like chocolate magic.

Ode to tomatos

Oh tomato
 You are so juicy and red
 You taste so good and better than the other fruits.
 You are the best of the best.

Ode to ice-cream

Oh ice-cream
 You are the sweetest of all
 You are tasty and yum and good
 You are so good ice-cream so good

Oh milkshakes,
 You are sweet and tasty,
 You are pink and bubbly,
 You are my favourite drink.

Ode to McDonalds

Oh McDonald
 You are yellow red and orange
 You are tasty and yummy
 I love your fries, Oh McDonalds!

Ode to gummy bears

Oh gummy bears
 You are colourful and small
 You are chewy and gummy
 You have the best fruity flavour.

Yum, yum.....

In our History unit, we each have given a presentation on a place that is significant to us. Each student chose different places and it was wonderful to see them gather photos/pictures, maps and other key information to share with their class. Here is what the students presented:

- * Charlie Burns spoke to us about Lake William Hovel
- * Rianna told us all about Perth
- * Lugel spoke of his Grandparents house in Warrandyte
- * Riley Howell chose his family farm to share with us
- * Isaac told us all about camping at Mt Stirling
- * Olive shared pictures of her old house in Melbourne
- * Paige shared a poster of the Savoy Soccer Club and how it is special to her
- * Kobe told us all about her Granny's farm
- * Ryder told us about how AUSKICK is special to him
- * Logan shared pictures about his Nanna and Pop's house
- * Maddie told us all about Thailand
- * Charlee Savage showed pictures of Dale's farm
- * Ryley Pregnell plans to share a poster of his grandmas farm
- * Millie told us why her house is special to her.
- * Machydie showed us a poster of his Grandma's house in Inverloch.

.....Mrs Loch

3C BECOME MUSEUM TOUR GUIDES

This term in History, 3C studied early explorers and important navigators. In pairs, we researched an explorer, and presented our information as a miniature museum exhibition.Miss Conroy

“Our exhibition was great because we got to learn more about explorers.” – Jethro.



“It was fun learning more about early life and explorers.” -Chiara



“Printing out all the pictures and typing up our information was fun. I also learnt a lot about explorers.” –Alex.

4CH

Term 2 has seen the students of 4CH develop their multiplication and public speaking skills. We are also excited about beginning a course in computer coding using the teaching site Code.org.

Posh Talks



Meah and Amber became method actors, getting into character to present their Posh Talks on famous navigators in the 15th and 16th centuries.



Multiplication

As we learn our Times Tables, students explore different ways that their weekly multiple can be represented:

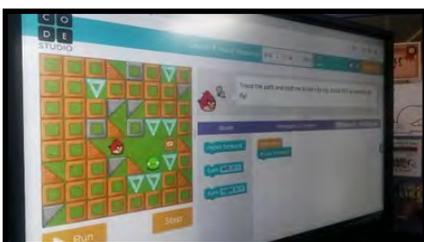
- Groups of
- Expanded addition
- Skip counting on a number line



Coding



Each week, students are creating and solving computer and real life algorithms. Who would have thought Critical Thinking could be so much fun!Mrs Hall



HEALTH CORNER...with Adolescent Health Nurse Rosemary Bunge

Myrtleford Lodge residents visit MP12 College for morning tea

Our bond grows stronger all the time and the people from the Lodge just love our visits, and love coming here. We had a splendid morning tea with twelve residents coming along with diversional therapist Heather. School staff joined us and some wonderful conversation and laughter was shared. On their way out the residents visited Prep L in art and enjoyed seeing those who they had seen at the lodge the previous week busy at work in their school environment. Thanks to Mrs Cartwright for welcoming our visitors to her classroom. Congratulations to the Year 9 girls who did such a great job providing morning tea, setting up and cleaning up. They show wonderful warmth and empathy to the aged every visit. These girls are an absolute credit to themselves, their parents and the school, I am so proud of them.



.....Rosemary Bunge



TOOTHBRUSHING – WHY, WHEN AND HOW TO BRUSH

Clean teeth are less likely to decay! Brushing regularly – and brushing properly – are simple, very important steps toward ensuring good oral health. Studies show that brushing with a fluoride toothpaste at least twice a day greatly reduces the risk of tooth decay.

Why should children brush?

Although young children do not yet have the motor skills to brush as effectively as adults, the habit of brushing should be established early. Encourage parents to assist their young child with brushing. As children get older, they can learn the correct wrist movement and angle of the toothbrush.

When should children brush?

The most important time to brush is before going to bed because less saliva is secreted during sleep, so teeth are more susceptible to tooth decay. Children should also brush after breakfast.

How should children brush?

Since children imitate the actions of the adults around them, it's important for teachers and parents to act as role models. Parents can set an example for children by brushing their own teeth with them at home, and assisting their children to brush.

TOOTH PROTECTOR – FLUORIDE

Fluoride has been proven to strengthen tooth enamel. Regular brushing with fluoride toothpaste and drinking fluoridated tap water helps prevent tooth decay.

Fluoride is a natural mineral which, when applied to teeth, combines with the tooth's enamel to strengthen it.

Fluoride is most effective in preventing tooth decay when teeth are bathed in small amounts of fluoride frequently throughout the day, such as drinking water that contains fluoride or by brushing at least twice a day with fluoride toothpaste. Fluoride toothpaste, rinses or gels should not be swallowed.

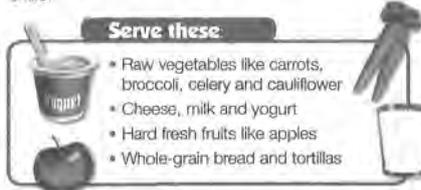
Fluoride is found in:

- Fluoride toothpaste
- Water in most communities
- Fluoride gel or varnish treatments
- Fluoride mouthrinses

TOOTH-FRIENDLY EATING

Use this list of foods to eat for a bright and healthy smile.

Serve these



- Raw vegetables like carrots, broccoli, celery and cauliflower
- Cheese, milk and yogurt
- Hard fresh fruits like apples
- Whole-grain bread and tortillas

Limit these (Sweet...Sticky...Starchy)



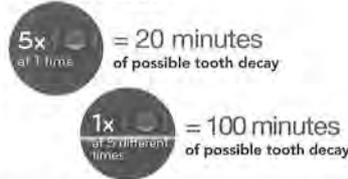
- Lollies
- Sticky foods like raisins, muesli and fruit bars
- Soft drink and sweetened juices
- Sweetened cereals
- Chips and white crackers

Frequent Snacking Increases the Risk of Cavities

1. Frequency
Limiting the frequency of snacking can have a great impact on oral health. Every time a decay-promoting sugar or starch-sugar food enters the mouth, harmful acids may attack tooth enamel. Repeated attacks may result in tooth decay.

2. Duration
The longer a sugary food (soft drinks, lollies, sultanas) or a starch-sugar food (biscuits, cakes) remains in the mouth, the longer the plaque-acid reaction.

SNACKING – It's How Often that Matters!



P-2 are learning about dental health with school nurse Rosemary over the next two weeks. If you have a student in these classes it would be good to talk to them again about caring for their teeth. They will be bringing home a teeth cleaning chart and encouraged to involve the whole family in marking off when everyone cleans their teeth for 28 days. Some fun while learning together. Attached is some good information about caring for teeth.

Thought for the week:
“We should not really worry about the notion ‘Is the glass half full or half empty’, we should acknowledge that with effort it can be refilled.”

HOMEWORK AND ASSIGNMENT DUE

DUE DATE	SUBJECT	ASSIGNMENT	TEACHER
PREP O and PREP L			
		10mins homework reading each night and practise M100W words	KOD/ LLI
YEAR 1W			
		10mins reading each night and practise M100W words	WWA
YEAR 1 A/H			
		10mins reading each night and practise M100W words	BHO/ NAN
YEAR 2L			
		10mins reading each night. Practise M300W sight words every night Weekly Spelling Homework tasks Due Mondays Work on Oral Presentation	KLO
YEAR 3C			
		Reading each night. Practicing times tables at least four times a week Complete Homework Sheets or tasks allocated weekly	CCO
YEAR 3/4M			
		10mins reading each night and record in your diary	SMA
YEAR 4H			
		Complete Homework that is sent home Mondays	SHA
YEAR 5HS			
Due Fridays		Nightly reading of a book of your choice. Two questions from the reading log. Mental Maths Sheet and Words their Way Spelling Sorts	KHA KSA
YEAR 6			
		English Homework, Maths Homework, Words Their Way Spelling Sheet, Regular Home Reading	ALI
YEAR 7A			
YEAR 7B			
Every Friday	English	Spelling Test	DMC/ SAN
YEAR 8			
YEAR 9			
YEAR 10			
Friday 26th June	Maths	Homework Due	ABA
YEAR 11			
YEAR 12			

FREEZA PUSH START COMP

FUNDED THROUGH THE FREEZA PROGRAM, A VICTORIAN GOVERNMENT INITIATIVE

ENTER now for the

2017 Push Start MUSIC Comp.....

(aka - battle of the bands)!

BANDS / SOLOS / DUOS / HIP HOP /

ACOUSTIC / ELECTRONICA ETC

Friday 4th

August 2017

- Bright Court house

Applications close 4th July
entry forms available by emailing
email ydo@alpineshire.vic.gov.au
Ph - 0419 915 319

Myrtleford and District Basketball Association Inc.

2017 Vicinity Centre's Aussie Hoops Program

Term 3 – Starting Tuesday 18th July, 2017.

Group session times will depend on registrations.

Cost - \$45 Returning member
\$75 New registration

Register at www.aussiehoops.com.au

Find a program – type 3737 and click Myrtleford.

More info Phone Sarah [0424 345 523](tel:0424345523) or Andrew [0427 512 061](tel:0427512061). Email – sarah.purss@gmail.com

July School Holidays!




A Chance to have your creative verve published ?!
Join local author Craig Dent for an interactive creative writing workshop. Suited to 7-10 year old

Tuesday 4th July 2-3pm Myrtleford Library (5751 1591)
Wednesday 5th July 2-3pm Mt. Beauty Library (5754 4505)
Thursday 6th Bright Library 10am (5755 1540)

This is a **FREE** event. Bookings essential



The laugh that shook the world!

BINGO!

TUESDAYS
BUFFALO HOTEL




EYES DOWN 1:00 TO 3:00PM

WEEKLY RAFFLE & PRIZES

BUFFALO HOTEL 49 CLYDE STREET MYRTLEFORD

FUNDRAISER FOR MYRTLEFORD P12 COLLEGE PARENTS CLUB



MYRTLEFORD REPRESENTATIVE BASKETBALL

"COME & TRY MUSTER DAYS"

WHEN: TUESDAY 20TH & 27TH JUNE
 WHERE: MYRTLEFORD INDOOR BASKETBALL STADIUM
 TIME: 5:45 TO 6:30

Representative basketball is focused on developing basketball talent and exposing our club teams to competitive tournament play. We are looking for players of all ages, ranging from U12 to U18 in both Boys & Girls teams.

Players will be assisted to develop skills based on fundamental basketball knowledge, skills, attitude, hustle, and the ability to perform in a team environment. If you are a dedicated athlete who wants to enhance your current basketball skills, learn to play at an elevated level of competition, we would love to see you at our muster days. Everyone is welcome regardless of current skill levels.

The days will be run by our highly experienced U18 Coach – Les Stevens. Our committee will be on hand to answer any questions you may have and to hand out information packs to interested families.

If you can't make either of these dates or would just like some more information please contact;

Susan Crisp – 0417 131 541 or Fiona Rigoni – 0408 522 429



Girls Gala Day
Saturday 24th June
10am-2pm
Savoy Park
Myrtleford



This is a free "come and try" event and open to girls aged 6-13yoa

You can enter as an individual or as a team.

Girls from Mt Beauty, Bright, Wodonga, Yackandandah, Wangaratta, Beechworth and Myrtleford are playing.

For enquiries or to register, please email your child's name, age and residing town to Attila Kerestes, Development Officer, Football Federation Victoria,; akerestes@ffv.org.au Mob: 0428 574 423

Or contact your local MiniRoos Club: dcappa@live.com.au




ffv.org.au/wifn

View this newsletter in colour on the Skoolbag App . Enjoy notifications and reminders with the App!
Available free on both Android and Apple devices.
Also available on the school website or it can be emailed to you. Just notify the school to request this.

Our Sponsors....

We're on the web!
<http://www.myrtlefordp12.vic.edu.au/>



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